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#### Welcome to the winter edition of The Pump News in brief

The theme for next year's Village Weekend on Saturday 9 and Sunday 10 July is "All the World's a Stage, 1616 to 2016", a celebration of all things theatrical on the 400th anniversary of Shakespeare's death. Get your thinking caps on for outfits and floats reflecting plays, dramas, actors, musicals, costumes and characters.



The Wheathampstead Community Group would like to give a big THANK YOU to the residents of Wheathampstead for their incredible generosity. Their yearly appeal raised £4,786.00 so far, which is amazing. With the information provided on the gift aid forms this amount will only go up!



WASPS have the following 2 vacancies at our Breakfast club for enthusiastic people who enjoy working with children: one for 7.30am to 9am Monday to Friday each week and the other for 7.30am to 9am Monday to Thursday each week during school term time only.

These are ideal positions for anyone who enjoys caring for children, including parents with older or grown up children, grandparents and retired people looking for something to fill their time, or younger candidates looking to pursue a career in childcare.

Both posts are covered by the Childcare Act 2006 and are subject to receipt of a satisfactory enhanced DBS disclosure and reference checks.

If you are interested in either of these positions, please contact Helen Archer at <a href="mailto:admin@wasps-asc.org">admin@wasps-asc.org</a> or call 01582 834190 or 07522 552041 for an application form and full job description.

#### Dates for your diary

Thursday 11 February Herts WI Spring Homecraft Day, Memorial Hall 9am to 4pm

**Saturday 13 February** Wheathampstead Open Spaces Volunteers Bower Heath 10am. See page.9 for more information.

**Thursday 18 February to Saturday 20 February** Wheathampstead Drama Society Play "The Weir", Memorial Hall 7.30pm to 10pm.

**Thursday 25 February** U3A talk by Jay Carver Project Archaeologist for Crossrail "Excavating the Crossrail—what we found", Memorial Hall 2pm.

**Saturday 20 February** Litterblitz volunteers, contact Eddie on 629494 or Derek on 760626 for more information.

**Thursday 10 March** Wheathampstead Patient Participation Group talk on breast disease, Memorial Hall 7.30pm. See page 5 for more information.

**Saturday 12 March** Wheathampstead Open Spaces Volunteers Gustard Wood 10am.

Friday 18 March Help for Heroes Quiz Night, Memorial Hall 7pm.

Thursday 24 March U3A AGM, Memorial Hall 2pm.

Friday 8 April Herts WI Fashion Show, Memorial Hall 7pm.

Saturday 9 April Wheathampstead Open Spaces Volunteers Devil's Dyke 10am

Saturday 9 April Litterblitz volunteers (as above).

**Thursday 28 April** U3A talk by John Allen former police officer "Spare a copper for a piece of wood, a pea and a bracelet", Memorial Hall 2pm.

#### Join Wheathampstead Warriors Running Club, our new club.

All ability group runs take place on Monday and Tuesday evenings at 8pm. Meet in the car park behind the Memorial Hall. A ten week beginners' running course is also starting on Tuesday 26 January at 9.30am at the Memorial Hall. Weekend runs and other events are planned for the future once the club gets established. Check out their facebook page "Wheathampstead Warriors" for more information.

On Thursday 10th March in the Memorial Hall at 7.30 pm Consultant Surgeon Mr Michael Pittam will give a talk to the Wheathampstead Patient Participation Group specifically about the major changes that have been developed in the management of breast disease over the last 25 years. Of wide interest to so many people, this talk will help dispel the myths that surround this subject. Mr Pittam has be



that surround this subject. Mr Pittam has been a Clinical Director and Lead Surgeon of the Beds and Herts Breast Screening Programme and was the Quality Assurance Surgeon for the East of England Breast Screening Programme. Everyone welcome, no charge for attending, refreshments served. To reserve your seat, please contact Kaye Fisher on 01582 832240 or by email <a href="mailto:fisher.kaye@yahoo.co.uk">fisher.kaye@yahoo.co.uk</a>.

# Retary in Harpenden

Rotary in Harpenden would like to thank the residents of Wheathampstead, Kimpton and Blackmore End for their generous donations to the Elves escorting Father Christmas around their streets just before Christmas. They raised £2,765.00 for Wheathampstead Thursday and

Community Groups, ADDvance (a charity supporting ADHD families) and other causes supported by Rotary.

Since 2001 Rotary has also been working with local primary and junior schools in Harpenden and Wheathampstead to send shoeboxes filled with items for the enjoyment of disadvantaged children and elderly people in Eastern Europe. Since 2001 12,600 boxes have been sent including 1128 boxes



school children and families filled in December. The picture shows children of Roundwood Primary School giving their boxes to Rotary helpers who sped them on their way to eastern Europe in time for Christmas 2015. See <a href="https://www.rotaryshoebox.org">www.rotaryshoebox.org</a> for more information.

## BBC Countryfile's Ellie Harrison visits Wheathampstead's rare heathland golf course

The BBC's Ellie Harrison got more than she bargained for when she paid a visit to Mid-Herts Golf Course, Wheathampstead, to explore one of Hertfordshire's few remaining lowland heathlands and acid grasslands.



The golf course is species-rich with tracts of heather, grasses and wildflowers as well as a home to a range of woodland fauna that includes nuthatch and great spotted woodpeckers. Trying her hand at golf, Ellie soon found the course to be rather special as she tried to hit her ball from one of the environmentally-

important hazards to be found on the 4th hole – rare fescue grass.

In a report broadcast for the BBC Countryfile programme in January, Ellie reported on how the golf club (which has occupied the land for nearly 125 years) is working closely with the Herts and Middlesex Wildlife Trust on a management plan to continue to develop the golf course to "a flourishing mosaic of heathland, acid grassland and secondary woodland".

Ellie Harrison said: "This is a fascinating and important environmental project which brings together a partnership between the local wildlife trust and a golf club. Lowland heathland or ecologically similar acid grassland habitats were once widespread across much of southern or mid-Hertfordshire. The loss of heathland in Hertfordshire has been dramatic since 1940, with an estimated 97% loss in area, so that today no more than about 20 ha (nearly 50 acres) of open dry and wet heath survives."

For more information on the Parish Council's open spaces management plan including the Herts and Middlesex Wildlife Trust 2012 wildlife survey on the eastern side of Gustard Wood Common visit <a href="www.wheathampstead">www.wheathampstead</a> <a href="pc.gov.uk">-pc.gov.uk</a>. For membership details for the Mid Herts Club including special offers please contact Club Manager Colin Howard on 01582 832242

#### Could You Be A Firefighter On Call?

How would you like to put something back into the community where you live or work? Carry on with your normal activities, job, home life, and carry a pager to respond to emergency calls. Whether it's someone who has locked themselves in, a major fire, or a road traffic collision, you will be helping someone in our community. The crew at Wheathampstead also attend local schools, visit people in their homes and check smoke alarms.

If you live or work within 4 minutes of Wheathampstead fire station and are over 18 years old, please log onto <a href="https://www.hertsdirect.org/fire">www.hertsdirect.org/fire</a> or pop into the fire station on



Marford Road between 19:00 and 22:00 on a Tuesday evening and speak to one of the crew. Or call Station Commander Phil Smith on 07796 997366 or e-mail him at phil.smith@hertfordshire.gov.uk.

#### News from the Wheathampstead Business Group (WEB)

WEB reached the finals of the Hertfordshire Business Awards. With no previous experience but a most compelling message, WEB made it into the finals in the Social Enterprise category. Long-standing WEB member Norman Whitwood compiled "WEB – The Story so far" which, in its extent and diversity, surprised even him.

December 5th saw our first Small Business Saturday event in Wheathampstead. Support from 40 participating businesses was truly amazing. Over £2,400-worth of prizes were donated for the Prize Draw.

For more information on WEB visit www.wheathampstead.org.uk.

#### Wheathampstead Open Spaces Volunteers (WOSV)



WOSV group has been busy at Bower Heath, Gustard Wood and Butterfield Road Local Nature Reserve (LNR). I have previously remarked on Gustard Wood and Butterfield Road LNR so I thought I would devote a few lines to Bower Heath. The first photograph shows

an area on our LNR that was previously overgrown and cleared by the volunteers to protect the acid grassland.

Bower Heath consists of 8 ha (19 acres in old money) of mixed secondary woodland, open glades and areas of acid grassland. It is situated in the north eastern corner of the parish and is accessed by turning from the Lower Luton Road west of Batford up Bower Heath Lane. There is a small parking area and the Heath is bounded by a bridle way and crossed by 5 footpaths. Acid grassland is a rare and disappearing habitat in Hertfordshire and as a result the Heath has been designated as a wildlife site of county importance. Bower Heath is common land, owned by Wheathampstead Parish Council. Older maps show significantly more areas of open grassland at a time when it was used for communal grazing. Nowadays it is open access land and used predominately for recreation purposes.

The Parish Council has a management plan for the Heath which is available from the Parish Office. Part of that management plan is to "Conserve the biodiversity and heritage value of the Heath, in particular the acid



grassland, sustainably and over the long term". WOSV have spent time clearing back invading scrub and small trees to prevent the remaining acid grassland being taken over by woodland.

...Continued on page 9

... Continued from page 8 It is unlikely that our efforts will create more acid grassland however our aim is to create an area of mown grassland around the existing acid grassland to protect it. The grassland is subject to an annual cut which is raked away to help sustain this unimproved heath.

Visits at any time of year are rewarding with many species of birds, butterflies and plants present. In particular the acid grassland contains Heath Bedstraw, Sheep's Sorrel, Harebell and Fescue grasses to name a few.

If you are interested in helping to maintain our open spaces and have a few hours to spare on the morning of the second Saturday of the month please contact the parish office for further information.

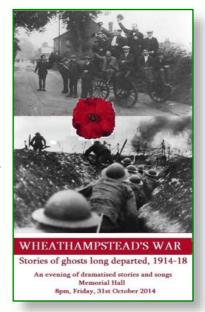
Peter Ryan, WOSV. Coordinator.

#### Wheathampstead's War DVD

Following last year's successful community event "Wheathampstead's War", with dramatised stories and songs, telling of the village peoples' role in the First World War, a DVD of the evening is available to purchase. The event was played to a full house with many people being turned away at the door.

The DVD is a chance to experience this one-off event or simply a reminder of our community at its best. A comment from the audience included "that's the best thing Wheathampstead has ever done".

The show was filmed by two people, Barry Euington and Brian Joyce. Their two films have been professionally edited together to produce a film of the show.



A DVD copy can be obtained at cost price of £4.50 from Terry Pankhurst by calling 832817 or email <a href="mailto:terence.pankhurst@btopenworld.com">terence.pankhurst@btopenworld.com</a>



At Citizens Advice Outreach at Wheathampstead we have had a few enquiries about Powers of Attorney arrangements.

Sometimes it can be difficult and costly to access information and assistance on this area of the law, and the statutory forms can be daunting. We recently advised a client to enable them to make decisions on health, welfare and finance for somebody else. It

became apparent that the client was on a low income and caring for somebody else. As a result, we investigated how to maximise the client's income and find them additional support. We helped the client to apply for Housing Benefit and Council Tax reduction. The client was also entitled to Carer's Allowance which increased the amount of any means tested benefits eventually awarded.

We also advised a client that due to having a low income they may be entitled to free or reduced health costs such as dental charges. They were also provided with a voucher to use at the foodbank because they were experiencing temporary financial hardship. It should be possible to register clients on the Priority Services Register with their energy supplier. This is a scheme which offers extra services free of charge if you are of pensionable

age, are disabled, chronically sick or have sight/hearing difficulties. We can also check whether clients are eligible for a discount on their electricity bill via the Warm Home Discount Scheme.

It is also often possible for Citizens Advice to access grants and other practical/financial support through local charities.



The advice we have given to clients has maximised their income and made it much easier to make ends meet. We expect one client will be better off by at least £50 per week.

To visit CAB please come to the Memorial Hall on Thursdays between 10am and 12pm or call 01727 811118 to arrange an appointment.

#### NONPAREIL IS MOVING

Our lease expires at the end of August so, from then and for the time being, our business will be operating from our office at home. Our showroom will disappear temporarily, until we find new premises, but our business will continue as usual.

Our contact details remain the same:

Office: 01582 832121 Emergencies: 07971 950712 www.nonpareilsolutions.co.uk

We look forward to being of continued service to you.

Kind regards Juan and Stephanie

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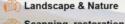


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# 5 year olds eat and drink their body weight in sugar every year

Currently 19% of four to five-year-olds and 28% of 10 to 11-year-olds are overweight or obese in Hertfordshire so Hertfordshire County Council is encouraging parents to get "Sugar Smart" and take control of their children's sugar intake. The Change4Life campaign warns parents about the health harms of eating and drinking too much sugar, including tooth decay and becoming overweight.

It also reveals the sugar content of everyday food and drink; a 43g chocolate bar contains six cubes of sugar, a 200ml juice drink contains over five cubes and there are nine sugar cubes in a can of cola, instantly taking children up to or over their recommended maximum for the day.

Five million Sugar Smart packs will be given away to primary school children and their families via schools, local authorities and retailers. There will be 25 Change4Life Sugar Smart roadshows taking place across the country from January to March.

Download the Change4Life Sugar Smart app to find out how much sugar is in the food and drink your family consumes every day and search 'Change4Life' for lots of free support, tips, ideas and recipes.

If a parent is worried about their child's weight they can speak to their GP, school nurse or contact Beezee Bodies who



offer programmes to help the whole family make changes

http://beezeebodies.com/







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More information from Paul Millac 01582 834490 or Margaret Carter 01582 832368

\*\*\*\*\*\*\*\*\*\*\*\*

#### **Youth News**

Wheathampstead Wanderers Football Club (WWFC) initiatives for 2015/16 include an adult team and training for girls in school years 1 to 3. WWFC provides football for local children and young people at affordable prices. For more information contact Andy Ellis on 07530 612366 or email andrewwwfc@gmail.com.



Top Hat's end of term show (see picture) was a collection of songs from



musicals and films. Warren Bacci said: "The end of term show was fantastic, the kids did so well and the show was enjoyed by all. The students then performed at the "Lights Up" event and I was so proud of them"

Top Hat Stage School (subsidised for Wheathampstead children by Wheathampstead Parish Council) meets every Wednesday at the Memorial Hall from 4.30pm to

6.30pm. Five to seventeen year olds take part in a variety of dance, drama and singing. For more information please call 01727 812666 or email info@tophatstageschool.co.uk.

Wheathampstead Youth Project meets at the Memorial Hall every Tuesday evening from 7pm to 9.30pm for 13 to 19 year olds, free of charge. Activities include structured games, football on the all-weather pitch, and cooking, all supervised by the Youth Connexions team. For more information please contact Robert at <a href="mailto:Robert.Brown@hertfordshire.gov.uk">Robert.Brown@hertfordshire.gov.uk</a>

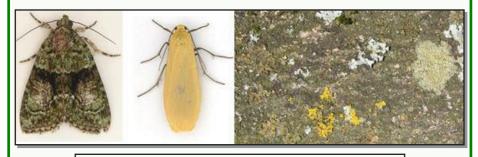
ArtsKool offers children aged 4 to 12 discounted 'Fun Arty Mornings' for only £5! This includes art materials and refreshments. Classes take place on the first Saturday of every month between 9.30am and 11am at the Memorial Hall. Visit <a href="https://www.artskool-kids.com">www.artskool-kids.com</a> for more information and register for monthly reminders and discounted offers by texting 'WH interest list' to 07890 575828.



#### Clean Air and Lichens at Marshalls Heath.

Lichens are crusty or bushy patches of fungus combined with an alga that are found on trees and rocks. They are important food sources for some moth caterpillars and other insects and are one of nature's air quality indicators.

Many species in our area became extinct in the 1800s when sulphur dioxide  $(SO_2)$  levels increased with Britain's industrialisation, and in the 1950-60s Marshalls Heath would have hosted only a handful of species tolerant of  $SO_2$ . However, the Clean Air Acts dramatically reduced  $SO_2$  in the U.K., and lichens, which were extinct or rare 30-40 years ago, have gradually returned. With them have returned the moths that depend on lichen, including the Tree-lichen Beauty which had been extinct in Britain since 1860. Its return began in the 1990s, first as an immigrant on the south coast, where it bred upon the lichens that it found there, and then spreading inland, reaching Marshalls Heath for the first time on 22nd July 2014.



Tree-lichen Beauty, Orange Footman moths, lichens on an Oak tree; all photographed at Marshalls Heath

Footman moths have also greatly benefitted, particularly the Scarce Footman and the Orange Footman, both of which feed on lichen and now occur in numbers every year on the Heath.

In view of this, Andrew Harris, the lichen recorder for Hertfordshire, together with experts Mark Powell, Paula Shipway and Catherine Tregaskes, spent a day in 2015 going over Marshalls Heath with a finetooth comb. They were surprised to find 73 different species, including 7 classified as Nationally Scarce. One species, Phylloblastia fortuita, is Nationally Rare and was the first recorded in Hertfordshire. This is the first time that a thorough survey of lichens has been carried out at Marshalls Heath. . ... *Continued on page 19.* 

...Continued from page 18 With the other new moths and insects seen here for the first time in 2015, the total number of wildlife species seen on Marshalls Heath now tallies more than 2,500.

A special thank you to those 20 of you that turned up to help on the two work days at Marshalls Heath in 2015. If you who would like to lend a hand this summer please contact me at <u>j.b.murray@open.ac.uk</u> or WOSV at <u>info@wheathampstead-pc.gov.uk</u>.

John Murray



The Police & Crime Commissioner and District elections take place on Thursday 5 May 2016. Residents are reminded to make sure that they are registered to vote.

Only those people who are registered can take part in May's elections so if you have recently moved to the area or moved house it is important that you register again at your new address. Registering to vote is straightforward and can be done online at <a href="https://www.gov.uk/register-to-vote">www.gov.uk/register-to-vote</a>. The deadline date for receiving applications to register for the May elections is Monday 18 April 2016.

If you cannot visit a polling station on the day of the elections, you can still have your say by applying to vote by post or proxy. The deadline for receipt of new postal vote applications is 5.00 pm on Tuesday 19 April 2016 and for new proxy vote applications 5.00 pm on Tuesday 26 April.

Voter registration forms and postal vote application forms are available from <a href="www.aboutmyvote.co.uk">www.aboutmyvote.co.uk</a> or by calling the elections team on 01727 819294.

For further information on registration and voting please visit www.stalbans.gov.uk/elections.

#### A message from your Parish Councillors.

To those residents who take the time and trouble to pick up other people's litter –

**THANK YOU!** We know who some of you are and you set an example to us all. You make a big contribution to keeping our village and



open spaces looking good and Wheathampstead a great place to live and work.

Our Litter Blitz team and the open spaces rangers deserve thanks for their efforts too. See Dates for your diary page 4 for more information.

Did you know that "Keep Britain Tidy" campaign started back in 1954 by the WI and is still going strong? See <a href="https://www.keepbritaintidy.org">www.keepbritaintidy.org</a> and learn about their "Clean for the Queen" campaign.

The Parish Council and Sandra Wood, one of your District Councillors, are working to increase patrols by parking enforcement officers in and around the village. Apart from blocking the High Street by parking badly in the Tesco bay, people are also obstructing the Fire Station (see photograph below). How would you feel if a fire engine or ambulance couldn't attend your home because a car had blocked their exit, risking peoples lives?

Parking next to the bakers is also a problem – despite the double yellow lines. Emergency services have been prevented from getting to properties in King Edward Place and Old School Drive.



Be warned—you will get a ticket if you park by a dropped curb, too close to corners, on zig-zag lines or in a disabled bay if you don't have a Blue Badge.

# Police Surgery dates at the Memorial Hall



3pm to 5pm
10am to 12noon
2pm to 4pm
3pm to 5pm
10am to 12noon
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3pm to 5pm
10am to 12noon
10am to 12noon



All the dates and times are subject to operational requirements.

#### Clerk to the Parish Council

Julia Warren, Parish Council Office, The Memorial Hall, Marford Road, AL4 8AY.

Contact on 01582 832541 or info@wheathampstead-pc.gov.uk

website: www.wheathampstead-pc.gov.uk

Vali	r Darick	n council	lore

Annie Brewster	Fairways, Firs Drive, Gustard Wood, AL4 8LB	01438 832255		
Gill Clark	16 Tudor Road, AL4 8NW	01582 832579		
Adrian Dante	25 Wright Close, AL4 8TJ	07780 836624		
David Davies	3 Cherry Tree Lane, AL4 8HP	01582 821350		
Elias Habib	69 Necton Road, AL4 8LB	07925 915998		
Linda Halford	35 Marshalls Way, AL4 8HZ	01582 760593		
Steve Haynes	65 Necton Road, AL4 8AT	01582 629327		
David Johnston	9 Brewhouse Hill, AL4 8AN	07774 211933		
Tessa Reason	Croft Farm, Cherry Tree Lane, AL4 8HP	01582 832071		
Judy Shardlow	28 Dale Ave., Gustard Wood, AL4 8LS	01438 833858		
Paul Wilby	35 Nurseries Road, AL4 8TP	01582 834549		
Peter Woodhams	54 Butterfield Road, AL4 8QH	01582 832541		
Your District councillors				
Annie Brewster	As above	As above		
Gill Clark	As above	As above		
Sandra Wood	12 Mount Road, AL4 8BX	07919 497818		
Your County councillor				
Maxine Crawley	14 Saberton Close, Redbourn, AL3 7DS	01582 793760		
Your MP				
Rt Hon Peter Lilley	104 High Street, London Colney, AL2 1QL	01727 827201		

#### Police

Your local officers are PC1848 Arthur Wilkes and PCSO 6021 Che Ponton. Please see page 21 for Police Surgery dates at the Memorial Hall. Call 101 for non-emergency and information, or 999 for an emergency.

#### Council Services contacts

To report highways matters eg salt bins, potholes, lights, road signs, abandoned roadwork signs, call 0300 1234 047 or report online at <a href="https://www.hertsdirect.org/highwayfaults">www.hertsdirect.org/highwayfaults</a>.

For recycling collections, fly-tipping and other local services contact St Albans District Council on 01727 866100 or visit www.stalbans.gov.uk and select Local Information Service.

# Your Local Experts

If you are looking to sell or let your property please call Nick Masters on 01582 831200 for realistic advice.

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