

Wheathampstead Parish Council

Community Involvement Committee

6 December 2017- 19:30

Present:	Councillors	L Halford D Davies S Haynes T Reason	Chairman
		J Warren	Clerk to the Council
		Press	0
		Public	4

5405-17 Apologies

Apologies were received from Councillors J Booth, G Clark, O McKenzie and P Woodhams(personal reasons).

5406-17 Public Speaking

None.

5407-17 Specific Declarations of Interest & Dispensations

None.

5408-17 Dementia Support

Lydia Gladwin, Paul Millac and Isobel Poole, members of the Wheathampstead Friends, Patient Participation Groups and Dementia Wellbeing groups gave an update on activities in Wheathampstead which supported those living with dementia. It was noted that three years previously, January 2015, members had first approached, and gained the support of, the Parish Council in becoming a 'dementia friendly community'.

Locally the Wheathampstead Dementia Wellbeing Group ran a fortnightly coffee club, funded largely by the Parish Council and Wheathampstead Friends. It was also popular with residents of both Harpenden and Sandridge parishes and a similar group now met alternate weeks at Marshalswick under the umbrella of Home Instead.

With over 14,000 people in Hertfordshire living with dementia a county -wide organisation, Hertswise, was set up in June 2017. This aimed to link local organisations as WDWG and Home Instead with Herts Carers, Age Concern, Herts Mind and the Herts Independent Living Service, plus medical support and advice and phone help lines.

Musical Memories occurred 3 Mondays a month at the Memorial Hall, the medium of music having proved beneficial to those living with dementia. Further activities, not specifically targeted at this group, also operated, such as the Thursday Club, Recreation for the Retired (board games for active minds, table tennis and darts for hand-eye coordination, plus 'tea and chat' for socialisation), various 'exercise groups including yoga for health, pilates, health walks, sports facilities (tennis, football, cricket) and the new outdoor gym equipment. The parish presented a wide variety of open spaces to

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suit a variety of tastes, plus allotments for fresh air, fresh food, some exercise and companionship. For more sedentary periods the Women's Institute provided 'twiddle muffs' –multi- textural hand muffs designed to provide a stimulation activity for restless hands. These were available both to individuals and residential care homes.

Councillors noted that this was an inclusive village but the breadth of activities perhaps needed more advertising. An article would be run in the Pump and details put on the Council's website

Resolved:

To note the huge support within the parish for those living with dementia and to help advertise and promote the groups and activities.

5409-17 Minutes of Community Involvement Committee of 16 October

The Chairman proposed, and it was agreed that the Minutes of the meeting held on 16 October 2017 be approved.

Resolved:

To confirm the Minutes of the meetings held on 16 October 2017 to be a true and fair account and for these to be signed by the Chairman.

5410-17 Commemorating the anniversary of the end of the Great War

Further to Minute 4622-16 Mr Robley had sourced a wood carver who would create a bench from the diseased and felled red oak tree in Rectory Meadow. A much simpler design had now been produced. Details would be passed to the office for administrative purposes.

Councillor Reason proposed, seconded by Councillor Haynes, and it was agreed to thank Mr Robley for his investigations and to budget £1,000 towards creating memorial bench(es) from the felled tree. .

Resolved:

To budget £1,000 towards creating memorial bench(es) from the felled red oak in Rectory Meadows.

5411-17 Bus report

Councillors Clark and Halford reported that a meeting was to be arranged with representatives from Redbourn and Sandridge parishes. Contact would also be made with the Wheathampstead Community Group.

Resolved:

To note the report.

5412-17 Outdoor Gym

Further to Minute 5319-17 it was reported that the newly installed outdoor gym would be officially opened at 10:00 on 9 December by Councillor Annie Brewster, District Council Portfolio holder for Sports and Leisure. Caloo would bring various celebratory accoutrements and a personal trainer to advise on use of the equipment.

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Resolved:

To note the report.

5413-17 Red Telephone Box

The Chairman reported that WEB, the Wheathampstead Business Group, wished to supply and install leaflet holders in the phone box. This was agreed.

The Wheathampstead Nutcracker – part of the St Albans Nutcracker Trail for Christmas 2017 had been safely installed in the phone box and would be resident until 4 January 2018.

Resolved:

To note the reports.

5414-17 Light's Up 2017

It was reported that Lights Up on 30 November had gone well.

Resolved:

To note the report.

5415-17 Youth/ Sports Update

The Chairman reported that the Youth Project had a new leader and that the scouts were supportive of the outdoor gym situated adjacent to the scout hut.

Resolved:

To note the report.

5416-17 Budget report and projects for 2018-19

The report as circulated was noted. A number of suggestions for potential inclusion in the 2018-19 budget were put forward. These included Maltings Drive Play Area, Crinkle Crankle Garden and Tithe Barn Yard, commemoration of end of the Great War, memorial bench in Rectory Meadow, Heritage Centre, CCTV, Memorial Hall refurbishment, replacement chairs for hall, changes subsequent to the General Data Protection Regulations including office furniture.

Resolved:

To note the report.

The Chairman declared the meeting closed at 21:15

Dated this day of 2018

Chairman